

The Rosehouse Health & Wellness Center

February 2012 Events

- FRIDAY-3rd** **BINGO WITH PRIZES – 1:00 P.M.** – Debra Savoie, Representative with AAA Home Health and Hospice, will donate bingo prizes.
- THURSDAY-9th** **SKIN CARE FROM HEAD TO TOE – 9:30 A.M.** – Anne Broussard, Avon Representative, will show you how to properly moisturize your skin from head to toe in the harsh winter months. **PLEASE REGISTER BY WEDNESDAY, FEBRUARY 8th.**
- THURSDAY-9th** **CHAIR VOLLEYBALL – 1:30 P.M.** – BACK BY POPULAR DEMAND!
- FRIDAY-10th** **BINGO WITH PRIZES – 1:00 P.M.** – Leslie Dugas, Representative with Compass Behavioral Center, will donate bingo prizes.
- WEDNESDAY-15th** **BINGO WITH PRIZES – 1:00 P.M.** – Linda Rose, Administrator with the Breast Center of Acadiana, will donate bingo prizes.
- THURSDAY-16th** **AARP CHAPER #4197 POTLUCK LUNCHEON- 11:30 A.M.** – Everyone attending the luncheon is asked to bring a covered dish and a serving utensil.
- THURSDAY-16th** **Wii, KING CAKE & COFFEE – 1:30 P.M.** – Come join us as we play Wii, eat King Cake and sip coffee. **PLEASE REGISTER BY WEDNESDAY, FEBRUARY 15th.**
- TUESDAY-21st** **MARDI GRAS DAY – CENTER CLOSED.**
- THURSDAY-23rd** **BLACK HISTORY MOVIE & POPCORN - 1:30 P.M.** In honor of black history month, the Rosehouse will present the movie, *“The Tuskegee Airmen”*, starring Laurence Fishburne and Allen Payne. The movie depicts the first squadron of black American pilots allowed to fight for their country when black flyers were not welcomed in the Air Force. Come watch this high-speed air action explode off the screen in this exciting story of the “Fighting 99th”. **PLEASE REGISTER BY WEDNESDAY, FEBRUARY 22nd.**
- WEDNESDAY-29th** **BINGO WITH PRIZES – 1:00 P.M.** – Dawn Miller, Social Worker with Lady of the Oaks, will donate bingo prizes.

BRAIN AEROBICS

TEST YOUR LOGIC AND THINKING SKILLS WITH BRAIN AEROBICS.
Brain aerobics is designed to increase brain activity through logic exercises and riddles.

QUESTION OF LOGIC: Johnny’s mother had three children. The first child was named April.
The second child was named May.
What was the third child’s name?

REGULARLY SCHEDULED PROGRAMS

Monday -	8:20 AM	Yoga (Videotape Instruction)
	9:30 AM	Low-Impact Aerobics
	10:45 AM	Chair Aerobics
	1:00 PM	Poker
Tuesday -	10:30 AM	Beginners Line Dancing
	12:00 PM	Line Dancing
	1:30 PM	Zumba Gold
	2:15PM	Zumba Gold Toning
Wednesday-	8:20 AM	Yoga
	9:30 AM	Low-Impact Aerobics
	10:45 AM	Chair Aerobics
	1:00 PM	Poker
	1:00 PM	Bingo
Thursday -	1:00 PM	Pokeno (2 nd Thursday monthly)
	1:00 PM	Wii Games
Friday -	8:20 AM	Yoga
	9:30 AM	Low-Impact Aerobics (Videotape Instruction)
	10:45 AM	Chair Aerobics (Videotape Instruction)
	1:00 PM	Bingo

GOAL

The goal of the Senior Centers is to meet the needs of elderly persons from various cultural, economic and ethnic backgrounds through the continuous development of a comprehensive program of activities.

MEMBERSHIP

Membership is free and is open to persons who reside in Lafayette Parish and are 55 years of age and older.

CONTACT INFORMATION

Location: 120 Statesman Dr.
Lafayette, LA 70506

Phone (337) 291-5444 **Fax:** (337) 291-5447

Hours: Monday - Friday 8:00 AM - 4:30 PM

**LAFAYETTE CONSOLIDATED GOVERNMENT
COMMUNITY DEVELOPMENT DEPARTMENT
HUMAN SERVICES DIVISION / SENIOR CENTERS**
<http://www.lafayettela.gov/cd/dpt842seniorcenter.asp>

Answer to brain aerobics: It has to be Johnny. He's the third child!
